



Miss Beth started her business 31 years ago. Before that she was dancing with her dance teacher, Linda Regulbuto at Stepin Up Dance Studio in Somers, CT. She was the Associate Director there for six years and loved her job. Beth lived in Somers most of her life and decided she wanted to stay in the Connecticut area when she opened up her own studio. Her Dad told her that Tolland was the up and coming place to be and she should look there. Well, I guess he was right. Tolland has been awesome to Dance Express and Beth! Miss Beth went on to study in New York at the Broadway Dance Center, Steps on Broadway and Ballet East. She also took teacher's class up in Springfield, Ma. with Steven Boyd at Frank Hatchet's Dance School. She took private ballet lessons with Richard Stienert, a principle ballet dancer with the Baltimore and Houston Ballet Companies and now is the Director of Ballet Theater Arts in Hartford. She still furthers her education by taking classes and having teachers from New York

City come to Dance Express to hold master classes for kids during the year. Miss Beth is a former director of the Tolland Youth Services Community Theater. Miss Beth taught for the National Association of Dance and Affiliated Artists (NADAA) for 4 years now and has taught at National Convention. She also taught at Rhode Island College during final exams and at other locations in the tri-state area. Miss Beth directed and choreographed many plays for the Ellington Cultural Association and the YMCA in Vernon. She has worked for the Mansfield Creative Arts Council, Ellington Cultural Arts and the town of Ashford teaching dance. She has given her time to help different schools and programs throughout the years in order to further dance education. Miss Beth has dedicated her life to dance and her dancers and she's loved every second of it.