



Lindsay Castonguay Hany is a founding member and co-artistic director of IMMIX Dance Project, a contemporary dance company centered around collaboration with local artists. Her choreography has been performed in festivals around the Northeast including 5x5 Dance Festival, Built on Stilts and Ted Hershey Marathon. Her love for dance started at the age of three at Dance Express, where she studied throughout her youth and now directs and choreographs for the schools Modern Ensemble. Graduating from Suffolk University with a Bachelor of Arts degree, Lindsay performed with the Suffolk Dance Company and studied at the Jeannette Neill Dance Studio. After college, she attended the Jose Limon Institute's Professional Studies Program in New York where she performed Limon repertory and studied under current and former Limon company members as well as artistic director, Carla Maxwell. During her time in New York she also studied with

Tracie Stanfield, Marijke Eliasberg, Kristin Sudekis, David Howard and Dorit Koppel. Lindsay has performed most recently with DancEnlight, under the direction of Lorelei Chang where she also taught for the pre-professional company and summer intensives. Her performance experience includes The Next Stage Project in New York City, Peter Pucci Dance in White Plains and Works/Laura Glenn and Dance Connect in Hartford. She has extensive experience teaching and choreographing for both students and professionals and is also a STOTT trained Pilates and Barre instructor.